2026 Champion Meet
Event Timeline
www.oshychampionmeet.com

FRIDAY

<u>1650 session - Open</u>

3:00 PM	Warm-ups
3:45 PM	Competition
4:59 PM	Conclusion of competition

<u>Evening session - Open</u>

5:00 PM	Warm-ups (3 x 25 minutes)
6:20 PM	Competition
6:30 PM	NKB Dinner in gym — free | Sign up at www.oshychampionmeet.com DEADLINE: Noon on Friday
9:10 PM	Conclusion of competition

SATURDAY

<u>Morning session – 9 to 12 year olds</u>

7:00 AM	Warm-ups (4 x 15 minutes)
8:05 AM	Competition
9:00 AM	Autograph session with Kasia in the front lobby
10:59 AM	Champion Race #1 50 free (after Event 20 — Boys 100 breast)
11:42 AM	Champion Race #2 50 free (after Event 21 — Girls 50 back)
12:02 PM	Conclusion of competition and DUCK RAFFLE (must be present to win) on deck
12:15 PM	Kasia talk for 12&U in Training Studio

<u>Mid-Day session – 8 & Under</u>

12:10 PM	Warm-ups (2 x 15 minutes)
12:45 PM	Competition | Autographs with Kasia on deck throughout the session
12:59 PM	Champion Races (w/ Event 24 — Mixed 25 free)
1:54 PM	Conclusion of competition and DUCK RAFFLE (must be present to win) on deck

<u>Afternoon session – Open</u>

2:20 PM	Warm-ups (4 x 20 minutes)
3:25 PM	Champion Race #3 50 free (before the start of the session)
3:30 PM	Competition
4:03 PM	Champion Race #4 50 free (after Event 31 — Girls 50 free)
4:30 PM	Autograph session with Kasia in the front lobby
6:44 PM	Conclusion of competition and DUCK RAFFLE (must be present to win) on deck

CONTINUED ON BACK

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SUNDAY

Morning session – 9 to 12 year olds

7:00 AM	Warm-ups (4 x 15 minutes)
8:05 AM	Competition
11:26 AM	Conclusion of competition DUCK RAFFLE (must be present to win) and awarding of HIGH POINT AWARDS on the pool deck

Kasia Clinic – 13 &Over

10:00-11:30 AM	Downtown YMCA (324 Washington St) Sign-up at www.oshychampionmeet.com DEADLINE: Saturday at 7:00 PM (end of session)

Mid-Day session – 8 & Under

11:40 AM	Warm-ups (2 x 15 minutes)
12:15 PM	Competition
1:22 PM	Conclusion of competition DUCK RAFFLE (must be present to win) and awarding of HIGH POINT AWARDS on the pool deck

Afternoon session – Open

1:30 PM	Warm-ups (3 x 20 minutes)
2:35 PM	Competition
5:22 PM	Conclusion of competition DUCK RAFFLE (must be present to win) and awarding of HIGH POINT AWARDS on the pool deck