



Oshkosh Community YMCA

Parent Handbook

2026-2027

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Welcome to the Oshkosh Community YMCA Swim Team – OSHY Dolphins! This parent handbook is a guide that will outline the responsibilities, policies, and standard practices of OSHY. Please take the time to read though the entire handbook. We strive to offer a safe, fun, and instructive swim team.

YMCA COMPETITIVE SPORTS PHILOSOPHY

The value of youth participation in athletics is one of the underlying principles of the Y. We invest much time, money, and effort into our youth sports programs where individuals can learn in a healthy, competitive way that sports are not just for the physically gifted and talented. There are thousands of young people in our community who will not compete in the world of high school or college athletics. They can, however, learn from an early age to appreciate the joy of movement, the skills necessary for daily activities and sports participation, and the development of their overall strength and fitness. The youth programs at the Y are also designed to help young people develop the social skills necessary for group and team interaction. These activities help them to develop basic knowledge that will help them to live healthy lives and practice good living habits. Most importantly, it is our hope that the youth sports programs at the YMCA will be opportunities for young people to understand, practice and even develop their own values and morals in interaction with other young people under the guidance of understanding and helpful adult coaches, counselors, group leaders, and parents.

At the Y, we practice a comprehensive approach to sports with an emphasis on positive physical and mental development. Our program holds these values:

- Developing self-confidence, self-respect, and an appreciation of individual worth
- Developing a commitment for daily living based on values such as Caring, Honesty, Respect, and Responsibility
- Growing as a responsible member of the family, team, and citizen of the community
- Appreciating physical fitness and mental well-being contributes to overall health.
- Recognizing the worth of all people and working for mutual respect and understanding
- Developing the capacity for leading, while using it responsibly

TEAM GOALS

1. To nurture each child and realize that they are different and allow them to develop as far as their dreams, talents, and efforts will take them.
2. To guide young people through the process of achieving while inspiring them to use this knowledge throughout their lives. Encourage them to dream, help them set worthy goals, promote a strong work ethic, provide support while they struggle, and inspire them to persevere until they succeed.
3. To provide a level of coaching that will lead to the development of successful all-around swimmers. In all levels, proficient technique is a priority as well as respect for the coach's workout directions, allowing swimmers to develop character, self-confidence, and the love for the sport in a nurturing atmosphere.
4. To encourage parents to actively support their child as well as the program in a positive manner that reflects the YMCA mission and core values. Understanding their involvement is essential to the program and their child's success.
5. To provide swimmers the opportunity to get involved with and support our community.

EXPECTATIONS OF OSHY TEAM MEMBERS

1. To understand the mission of the YMCA as well as that of the swim team.
2. Be a proud member of OSHY.
3. Give of yourself 100% physically and mentally.
4. Challenge yourself and teammates to improve and work harder in a supportive way.
5. Display good sportsmanship at all times, home and away, demonstrating the YMCA core values at all events involving the team as a whole or in part.
6. Make friends with teammates and learn how to be a part of a team.
7. Arrive 15 minutes prior to scheduled practice time.
8. Come prepared – have all equipment necessary.
9. Attend scheduled practices and meets.
10. Communicate with coach directly regarding schedule conflicts or questions/concerns.

BEHAVIOR EXPECTATIONS

Swimmers are expected to show responsible behavior before, during, and after practices as well as at meets. The behavior of each OSHY member affects our team image and relationships. Negative or abusive behavior will not be tolerated. Due to the volume of swimmers and limited space and amount of practice time, it is crucial that the practice environment remain positive and that practice sessions operate in a smooth, efficient manner.

Inappropriate behavior would include, but is not limited to the following:

- Speaking when coaches are speaking.
- Disobeying the request or instructions of coaches
- Failing to respect other's private property
- Behaving in a way that could reflect negatively on the program and/or the Y.
- Failing to respect all areas of the facility and/or staff members
- Any disruptive behavior which interferes with practice or the safety of another swimmer
- Profanity
- Substance abuse

The coaching staff is responsible for the supervision of swimmers on deck during practices and meets. Parents are responsible for the supervision of swimmers when they are off deck including before and after practice, locker rooms, and between events.

LOCKER ROOM and LOCKER USE POLICY

Swim team members should be using the GIRLS and BOYS locker rooms ONLY. Lockers are available for day use. It is strongly recommended that lockers be locked. Locks must be provided by the swimmer and should be removed daily. Personal belongings should not be left in lockers overnight. Swimmers are expected to conduct themselves appropriately in regard to behavior. Supervision in locker rooms is not provided by the program. Use of cell phones is prohibited in the locker rooms. If use of cell phones in the locker room is reported, this could result in being terminated from the swim team.

Swim bags and equipment can be stored on our team carts in our OSHY Swim Team bags – these items cannot be left on the pool deck or the bleachers.

POOL/DECK EXPECTATIONS

Pool & Deck Expectations

1. **Walk Like a Champion**
 - We know how much you love games, but remember to walk on the deck. If you want to play tag, save it for the pool! Safety first—walking feet are happy feet.
2. **Jump Smart, Jump Safe**
 - Only jump in feet first where it's allowed (look for the No Diving signs). And please skip the spins and turns—you're awesome just as you are! Turning toward the wall or spinning can lead to bumps, especially near the blocks.
3. **Share the Pool with Kindness**
 - Our pool is for everyone, so please be extra thoughtful around swimming lessons. Try not to interrupt lessons or splash other swimmers. You're someone others look up to!
4. **Lazy River Leaders**
 - If you're at least 48" tall, you can enjoy the lazy river solo! If you're under 48", please bring an adult with you. The current can be tricky, so we want everyone to be safe and able to stand and rest when needed.

Remember, OSHY swimmers are role models! Little ones watch how you act and follow your lead—let's show them what it means to be part of an amazing team.

Snack Time Guidelines

We know you need fuel before and after practice! To keep our space clean (and keep snack privileges), please:

- Eat only on the bleachers
- Pick up all your trash and leftovers

Some easy, no-mess snacks include:

- Bananas, apples, or other fruit (throw away peels and cores!)
- Bite-sized treats like mini muffins or tiny crackers
- String cheese (don't forget the wrapper!)
- Squeezables like Gogurt, applesauce pouches, or Freezy Pops
- Uncrustables

Try to skip snacks that crumble or leave sticky messes. We've noticed cupcakes can get squished into the deck—let's keep those for special days (and let the guards know if you're bringing them so we can be ready to clean up!).

Having food on deck is a privilege—when everyone cleans up, we get to keep it! If we leave messes behind, we might lose snack time.

During swim meets, we know you may have food elsewhere, and that's okay! For day-to-day practices, let's stick to the bleachers.

COMMUNICATION POLICIES

Effective communication is essential for the success of our team. This policy outlines the required communication methods and expectations for all members.

Required Communication Methods:

- SportsEngine Motion | Used for event schedules, updates, and general announcements.
- SportsEngine Motion Mobile | A mobile platform for convenient access to team information on-the-go.
- TeamSnap | For parent-coach communication at all levels and direct swimmer-coach communication at the senior levels.
- Email | For detailed or important messages requiring more context.
- Facebook Page | For sharing updates, news, and community engagement.

Expected Response Time:

Coaches will strive to respond to all communications within 24 hours during business hours. Messages received outside of business hours (at the conclusion of the last practice of the day) will be addressed the next business day.

Cell Phone Use:

To align with Safe Sport guidelines, coaches will not use personal cell phones for communication with parents or swimmers. All communication must occur through the approved methods listed above to ensure a safe and structured environment.

Thank you for your cooperation in maintaining clear and effective communication within our team!

SportsEngine Motion

SportsEngine Motion is the website we use for all team functions. It is the same website used for Registration. Parents can access their SportsEngine account at any time to update payment methods, view account balances, sign-up for meets, and job tasks. Please take some time to familiarize yourself with the site. If you have questions, you can email katesalzsieder@oshkoshymca.org.

SportsEngine Motion Mobile APP

It offers features for billing, payments, and accessing important information. Download links listed below. Click [HERE](#) for a "HOW TO GUIDE".



[Apple User's Download](#)

[Android User's Download](#)

TeamSnap ONE Mobile APP (NEW!)

TeamSnap ONE will be utilized for all parent-coach communication at every level, ensuring that information is streamlined and accessible. At the senior levels, it will also facilitate direct communication between swimmers and coaches. It's important to note that personal cell phones of coaches are not an approved method of communication in accordance with Safe Sport guidelines. This ensures that all interactions occur in a safe and monitored environment. It features practice schedules including real-time updates. This ensures that swimmers can communicate openly and safely while being kept informed about their training and competition events.



[Apple User's Download](#)

[Android User's Download](#)

Oshkosh YMCA OSHY Swim Team Facebook Page

Join us on Facebook and be part of the excitement! Like and follow our page to stay updated on all the fun our team is having. Don't miss out! Click [HERE!](#)

OSHY PRACTICE GROUPS

Swimming is a collaborative sport; the skills and attitudes of your teammates can profoundly influence your performance, and vice versa. The OSHY team organizes its swimmers into various practice groups to create an optimal environment for each individual. It is essential for swimmers within each group to possess compatible skills, strength, and endurance to foster effective teamwork. Regular practice attendance is crucial, as groups generally progress together or stagnate collectively. If a significant portion of a group is unprepared, lacking in skills, strength, endurance, or motivation, the progress of the entire group is impeded. Each group has specific prerequisites that serve as minimum standards; swimmers must meet these to ensure the workouts are suitable for their level.

Please see the 2026-2027 OSHY Groups and Fees page at the end of the handbook. Specific practice schedules will be available on team website and in the TeamSnap ONE APP.

IMPORTANT INFORMATION FOR PARENTS AND SWIMMERS REGARDING NATIONAL LEVEL MEET PRACTICE REQUIREMENTS

As we approach the upcoming National level meets, we want to emphasize the importance of practice attendance and commitment during the critical eight weeks leading up to the event. To attend YMCA Nationals a swimmer must either have YMCA National cuts or be invited to participate in relays. To ensure that all swimmers are prepared to compete at their highest level, we have established the following guidelines:

Practice/Meet Attendance Requirement | Minimum Attendance

Swimmers are allowed a maximum of 2 missed practices per month in the 2 months preceding YMCA Nationals and must participate in ALL meets designated for the National Team. This level of commitment is essential for both individual and team success.

Commitment to the Team and Personal Growth | Team Commitment | Self-Preparation

Attending practices is not only vital for personal performance but also for fostering teamwork and collaboration. Swimmers who show up consistently help support their teammates and contribute to a positive training environment. By prioritizing practice attendance, swimmers demonstrate their dedication to their own growth and improvement. This commitment is crucial for developing the skills and confidence needed to perform at a national level.

Monitoring and Communication | Attendance Monitoring | Communication with Coaches

Coaches will actively monitor practice attendance. It's important to note that meeting a time standard for the meet does not automatically qualify a swimmer; attendance expectations must also be met. Swimmers are required to communicate with their coach in advance if they anticipate missing any practices. This communication should include a reasonable explanation for the absence, allowing the coach to understand and plan accordingly.

We appreciate your support in reinforcing these expectations. Together, we can ensure that our swimmers are well-prepared for the challenges of competition at the national level. Let's strive for excellence and commitment as we work towards our goals!

TEAM SUITS

Team suits are available for purchase through A3. Team suits are not required. If not wearing an OSHY team suit, then a solid navy-blue suit is required (any brand). Any suit/color is acceptable for practice.

[Order TEAM SUITS HERE.](#)

SWIM CAPS

An OSHY or NKB cap should be worn at practices and meets. Swim caps are available to purchase from coaches. Your swimmer should ask a coach if they need a swim cap. Silicone swim caps are \$10, latex are \$5.

SWIM TEAM FEES

YMCA Membership

All swim team members are required to have an active Oshkosh YMCA membership at all times. The membership must apply to the member of the team. Memberships at other YMCA's do not meet this requirement. Current membership rates are available on the team website. Membership fees are paid through the YMCA, not SportsEngine. You can join online at www.oshkoshymca.org or by stopping at the Y Front Desk.

Swim Team Program Fees

Program fees are paid on the 1st of every month by autopay. Automatic payments are REQUIRED and can be set up with a credit card or bank account upon registration. Swimmers will be billed every month of a full season (September – August) unless paid in full at the start of the season. Fees are not prorated.

For families with multiple swimmers there is a sibling discount applied to the 2nd swimmer and beyond. (5% for second swimmer, 10% for third, etc.) This applies to monthly program fees only.

Away Swim Meet and Team Travel Fees

Away swim meet and team travel fees will be added to your account as you register for them. These fees will be paid on the 1st of every month by autopay. No additional charges will be placed on accounts after the 20th of each month. Charges incurred between the 20th and the end of the month will be placed on the account for the following amount.

Home Swim Meet Fees

Our home meets (fundraising meets) are billed automatically regardless of attendance. The revenue from these meets benefits every OSHY Swim Team member through lower program fees.

- Single session meets: \$15 (dual meets, summer series – about 5-6 in total annually)
- 2 session meets: \$30 (NY Kickoff)
- 3 or more session meets: \$50 (Champion Meet and Winter Open).

Billing Summaries

Billing Summaries will be emailed to all accounts between the 21st – 23rd of every month. This summary will reflect the upcoming month recurring charges (monthly fees) and any additional charges that were placed on accounts (camps/meets/travel/etc.).

How to View My Current Invoices and Payments in Team Unify

1. Go to Invoices & Payments.
 - a. In the side menu click **My Account > \$ My Invoice/Payment.**
2. Click the **Current Invoice Summary** bar. This will show invoices generated on the 1st, along with invoice items generated and payments made since then.

FINANCIAL ASSISTANCE



With a commitment to nurturing the potential of kids, promoting healthy living and fostering a sense of social responsibility, the Oshkosh Community YMCA ensures that every individual has access to the essentials needed to learn, grow and thrive. The Y welcomes all who wish to participate and believes that no one should be denied access because of an inability to pay. Through the generosity of the Oshkosh Area United Way, Y members & staff, and community donors, we are able to make the Y accessible to community members through our For All Program. Financial Assistance is handled by the Y in a fair and confidential manner by using a sliding scale to determine how much assistance is awarded. Every Y member and program participant receives the same membership benefits, regardless of whether or not they receive assistance. Y members and program participants can feel confident knowing they are part of an organization that cares greatly for the well-being of all people. We're committed to youth development,

healthy living and social responsibility. Financial Assistance Applications can be submitted online [HERE](#). Please allow 5 business days for processing. A new application will be required for each season.

SWIM MEET INFORMATION

Championship Meets / Time Standard Meets

There are meets that a swimmer must achieve a minimum time in an event to participate in the meet. If and when your child qualifies for one of these meets, it is important that you give them the opportunity to participate. Midwest Regionals, State, Zones, Capital City Classic, and Nationals are examples of Championship / Time Standard Meets. These meets are the reward for significant hard work. They are exciting because of location and level of competition. Participation helps a swimmer develop an identity as a high-level athlete (self-perception is very important.) Participation helps a swimmer develop future goals and aspirations. Participation, especially in team travel events, helps a swimmer develop relationships and bonds with other highly achieving athletes (this tends to be very important too).

Meet Entries

The swim coach will post to the team website and email each member of the team the deadline for entries. All meet fees are charged to your Team Unify account and will be automatically billed on the 1st of every month. Meet fees are non-refundable. While swimmers/parents can select the events they choose to participate in, consultation with the coach is strongly encouraged.

1. Sign in to your team's TeamUnify website.
2. Go to your Events page.
 - a. Click your **Events** tab in the top menu, or **More...** on the home page Events section.
3. Click your desired event's **Attend/Decline** (or **Edit Commitment**) button.
4. Click the name of your athlete whom you want to attend.
5. Click the *Declaration* dropdown and click **Yes, please sign [Name] up for this event** (or **No, thanks, [Name] will NOT attend this event**, enter any *Notes*, and then click **Save Changes**).

Pumpkin Invitational (Oct 20, 2017 - Oct 22, 2017)

Member Athlete:

Emily Black

*Declaration

Yes, please sign [Emily] up for this event



Notes:

Emily cannot attend on Sunday.

6. Enter any *Notes* you want the coach to see.
7. If a team admin has allowed you to select events, check the boxes of the events you want your athlete to enter.

Day 1 Session 1					Max Entries this Session IE = 0 Rel = 0 Comb = 0				
	Best Time	Entry Time	Bonus	Exhibition	Approval	Ev#	Gen	Event	Qualify Time
☐	NT	Not Qualified	☐	☐		1	G	Open 1000 Free	<=14:59.99Y <=12:59.99L
☒	<u>22:12.42L</u>	22:12.42L	☐	☐		3	G	Open 1650 Free	<=25:59.99Y <=23:59.99L

Day 2 Session 3					Max Entries this Session IE = 5 Rel = 1 Comb = 6				
	Best Time	Entry Time	Bonus	Exhibition	Approval	Ev#	Gen	Event	Qualify Time
☐	NT	Not Qualified	☐	☐		45	G	Open 400 Medley	<=6:27.99Y <=6:59.99L
☐	NT	NT	☐	☐		47	G	Open 50 Free	
☒	<u>1:19.89L</u>	1:19.89L	☐	☐		49	G	Open 100 Back	

- a. Red times indicate your athlete is not qualified to enter those events.
 - b. Events you choose are subject to coach approval.
8. Otherwise select which days and sessions your athlete will attend and a coach will then pick which events your athlete will enter.

Please select the Days/Sessions that this Athlete would like to attend below:

☒ **Day 1/Session 1**

Ev#	Best Time	Gen	Event	Qualifying Time
1	NT	G	Open 1000 Free	<=14:59.99Y <=12:59.99L
3	<u>22:12.42L</u>	G	Open 1650 Free	<=25:59.99Y <=23:59.99L

☒ **Day 2/Session 3**

☐ **Day 3/Session 5**

- a. You may click a day/session button to see what events are scheduled.
9. When finished, click **Save Changes**.
10. Repeat for all other athletes you may have.

Sessions/Heat Sheets

Meets are usually divided into sessions based on age. There is a separate heat sheet for each session. Once the meet releases the heat sheets they will be posted on the team website and emailed to the team from the coach. The heat sheet will list all swimmers in order of event according to their seed times. When a team entry is sent in, each swimmer and his/her previous best time in that event are listed. If the swimmer is swimming the event for the first time, he/she will be entered as having "No Time" or NT. Below is an example that shows the Event Number, Heat Number, and Lane Number. Your swimmer will need to know these to understand when it is their turn to swim. Please review carefully to know and understand when your child swims. It is the swimmer's responsibility to be ready for their heat. Heat sheets are not printed. It is strongly encouraged to print a copy of the heat sheet at home prior to arriving at the meet.

Event Number

#1 Mixed 25 Yard Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 3 Finals Starts at 06:20 PM				
Heat Number 1	Mattice, Charlie	M9	OSHY-WI	NT
Heat Number 2	Koehler, Ellie J	W6	OSHY-WI	NT
Lane Number 3	Aebly, Otto A	M6	WYNS-WI	NT
Lane Number 4	Koehler, Lexi E	W8	OSHY-WI	NT
5	Aebly, Iris J	W6	WYNS-WI	NT
6	Krikau, Miles W	M14	FSC-WI	NT
Heat 2 of 3 Finals Starts at 06:21 PM				
1	Hitchcock, Axel N	M6	OSHY-WI	32.27
2	Scullion, Iain S	M7	OSHY-WI	26.52
3	Palma, Emmie M	W10	OSHY-WI	23.51
4	Schuster, Claire H	W12	OSHY-WI	24.77
5	Lynch, Anna N	W8	OSHY-WI	29.71
6	Francis, Benner N	M9	WYNS-WI	NT

Warm-Ups

Warm-up times will be sent out in advance. Swimmers should arrive 15 minutes prior to their scheduled warm-up time. Spectators are NOT ALLOWED on deck during warm-ups.

Warming Areas

At some meets warming areas will be provided for swimmers/spectators in between heats. This is a space where families can gather, especially if spectators are not allowed on the pool deck for extended periods of time. Each meet has different accommodations so plan accordingly. Some meets will not have a warming area.

What to Bring

- Navy blue swimsuit, cap (must be OSHY or NKB), and goggles. Bring an extra set of goggles in the event one breaks.
- Towels – two is suggested.
- If the meet has a warming area – something to sit on (blanket, camp chair, sleeping bag).
- Sweat suits/warm-ups to help stay warm. 2 is suggested because they can get wet.
- Snacks/Food – most meets will have concessions, but it is encouraged to also be prepared in case food isn't available.
- Water bottle

During the Meet

- Each swimmer is responsible for knowing what event numbers he/she is swimming. It is common for swimmers to write their event numbers/heats on their hands/arms in permanent marker as a reminder. E=Event Number, H=Heat Number, L=Lane Number

E	H	L
2	4	4
2	6	3
21	3	7

- Depending on the meet, the swimmer's event number may/may not be called, or an event board will be visible to show what event/heat the meet is currently on. Not every meet makes announcements.

- Prior to a swimmer's event they should report to the "staging area". Each staging area is different – the coach will give directions immediately following warm-ups on the specifics of the meet.
- Upon completion of the race the swimmer can return to the team area. It is encouraged for swimmers to sit together as a team and cheer each team member on.
- It is very helpful if swimmers remain at all home meets until equipment has been returned to storage and the pool is returned to normal use for the community.
- Swimmers should NOT sit in the spectator seating areas.
- Each meet has different expectations for spectators. The coach will inform the team of any restrictions. Please be respectful of the guidelines put in place at all meets.

Meet Mobile APP

Download the Meet Mobile APP to get results right on your mobile device. This paid APP is not required, but optional. Many swim families refer to the Meet Mobile APP as it will contain the results of swim meets including away meets. Please note times are not necessarily updated real time.

APPLE USERS



ANDROID USERS



Awards

Most swim meets will have awards, usually ribbons. Every swim meet is scored differently. Awards need to be picked up at the conclusion of the meet – they will not be mailed after. For OSHY home meets swimmers will check results (posted – location TBD) and if they have placed will find their award label posted directly below the results. They peel off their label and take it to the awards table who will then give them the correct ribbon/medal.

PARENT CONTRIBUTION

The OSHY Swim Team thrives on the dedication and generosity of its parents. Our success hinges on collective effort, and every contribution matters. Meets are not just events; they are vital opportunities that generate revenue to keep participation fees manageable for everyone. Since all families benefit from these meets, active involvement is essential.

Parents (or designated representatives) are required to volunteer at ALL HOME meets. Typically, contributions can be fulfilled during your child's session, but for larger meets, we may need support beyond those times. Embrace the spirit of teamwork and get the whole family involved! Rally friends and extended family who support your swimmer to lend a hand. There are numerous ways to contribute, and in all job tasks, you will have the opportunity to watch your swimmer in action. Many roles allow you to witness every thrilling race!

All OSHY parents and anyone else wishing to volunteer are required to complete the new YMCA Volunteer Application, which now includes a background screening. The YMCA is committed to child safety and has recently implemented new policies for all adults in our facilities. After submitting your application, you will receive a secure link to provide information for your background check. Please complete this process as soon as possible to ensure a safe and welcoming environment for everyone. [SIGN UP HERE!](#)

Upon registration, please designate one person per swimmer to the "Assignment Roster." This individual will be responsible for fulfilling any 'Job Task' needed during our home meets. For a comprehensive list of "Job Tasks," please refer to the Team Events page, where upcoming opportunities will be listed for the year ahead. If the designated individual does not sign up for a Job Task by the swim meet sign-up deadline (the cutoff to indicate if your child will be swimming), the Coordinator will assign them to an unfilled task. Rest assured, all people on the Assignment Roster will have ample time to select their preferred roles. This proactive approach ensures every task is managed in a timely fashion, allowing the Coordinator to identify any additional gaps that need attention outside the Assignment Roster. Importantly, the Coordinator will only reach out to someone on the Assignment Roster if they have a swimmer in that session.

When registering your swimmer, it is wise to fully understand the commitment associated with the Assignment Roster. Remember, the named individual doesn't have to be the only one fulfilling this role; you can suggest another family member or friend in the comments section during sign-ups. This flexibility allows you to meet your responsibilities while engaging loved ones in the process.

Additionally, we encourage families to fulfill multiple job tasks with the help of friends and additional family members, especially during our larger meets where more hands are needed for multi-session events. Together, we can make every competition an unforgettable experience!

JOB TASKS

OUTSIDE POOL AREA JOB TASKS

Concessions | This position will assist with restocking and selling concessions during big meets such as the Champion Meet and Winter Open.

Hospitality | The hospitality participant is responsible for organizing meals for coaches and officials during big home meets. This role will involve setting up the hospitality room at the YMCA, stocking supplies, and ensuring clean-up is completed post-event.

Duck Photo Booth | This position is specific to the Champion Meet ONLY. During the meet, "Duck Heats" will be called, indicated by a special DUCK CALL before the start of the heat. Winners of these heats will receive a ticket that entitles them to go to MPR #1 where they will receive a DUCK HAT and get their picture taken for the DUCK WALL OF FAME. Swimmers will be able to take their pictures home after the meet.

Duck Pond | Also specific to the Champion Meet, this role centers around collecting fun rubber duckies. Swimmers earn stickers for each best time achieved; after collecting three stickers, they can choose a duck from the DUCK POND for a prize. Bonus stickers are available for completing a scavenger hunt, which also earns them a sticker when turned in at the duck pond.

Greeter | As a greeter, you will welcome families and swimmers upon their arrival at the YMCA during the Champion Meet and Winter Open. This role is vital in assisting guests in navigating the facility and answering questions about the meet.

Awards | Participants responsible for the awards position will tape results and labels to the wall for swimmers to find their awards. They will be responsible for handing out ribbons or medals, enhancing the celebratory atmosphere as swimmers receive their achievements.

Prize Wheel Table | This fun position is dedicated to managing a prize wheel in the pool area. Participants will watch swimmers spin the wheel to win prizes after bringing their tokens to the table.

INSIDE POOL AREA JOB TASKS

Timers | Timers, at least two per lane, will start and stop races using two watches and buttons, recording times in Time Sheets. This role provides an exciting vantage point to witness swimmers' performances closely, being part of their journey towards personal bests and team goals. (Bring clothing and footwear that can get wet)

Head Timer | The head timer organizes the timing team and starts two extra watches at each heat's inception, ensuring that every start is captured accurately. They often oversee the overall timing process near the blocks.

Time Sheet Runner | This participant is tasked with collecting timing sheets after each event from timers and delivering them to the results computer operator. Additionally, they will gather DQ slips from officials and facilitate breaks for timers during long meet sessions.

Heat Winner | This position involves awarding the heat winners after each race, distributing prizes and spread cheer as they celebrate their victory.

Swimmer Support | Swimmer supporters stage swimmers according to their lanes and ensure they get to the blocks on time. They play a crucial role in maintaining order and providing clear communication in a lively environment, encouraging and supporting young swimmers as they prepare to compete.

Equipment Set-Up | This role assists the Equipment Lead with setting up all equipment required for a successful meet. This task requires experience. Note the "training spot" on the sign up to learn this fun role!

CROW'S NEST JOB TASKS (This area oversees the technical and informational aspects of the meet)

Announcer | The announcer provides information and coordinates activities such as the Pledge of Allegiance and other official messages at the meet. All necessary information to share is provided.

Results Computer Operator | This person verifies and manages swim times, correcting any discrepancies with swimmers' heats or lanes. They also handle the printing of results and labels. This task requires experience. Note the "training spot" on the sign up to learn this fun role!

Timing Computer Operator | The timing computer operator keeps track of the timing system during events, ensuring every race starts and finishes appropriately, and checks that swimmers are aligned with the heat sheets for accuracy. This task requires experience. Note the "training spot" on the sign up to learn this fun role!

JOB TASK LEADS

Leadership positions, Job Task Leads or Coordinators, are vital for the successful operation of our swim team, encompassing key tasks such as concessions, hospitality, job task coordination, equipment management, and officiating. These roles ensure that each function runs smoothly, creating a positive

environment for athletes, coaches, staff, and spectators. Please consider serving in one of these roles. Reach out to the Swim Team Administrator for more information.

Each Job Task Lead/Coordinator position requires a minimum of 2 individuals, with potential for an additional 2 trainees depending on tenure in the role. Leads are expected to cultivate a supportive environment where team members feel empowered to learn and develop their skills for future roles.

Concessions Lead

- Oversee concessions operations during 2 large home meets
- Organize menu items, pricing, and inventory.
- In coordination with Job Task Coordinator, manage job task schedules for home meets.
- Mentor and train new concession participants.

Hospitality Lead

- Oversee hospitality area during 2 large home meets.
- Organize menu items and inventory.
- In coordination with Job Task Coordinator, manage job task schedules for home meets.
- Mentor and train new hospitality participants.

Job Task Coordinator

- Serve as the main point of contact for all job task assignments, ensuring clarity in roles and responsibilities. Monitor task completion and address any issues that arise.
- Coordinate scheduling and resource allocation for various roles during home meets and events.

Equipment Coordinator

- Manage the inventory, maintenance, and organization of all equipment used for events, ensuring everything is in working order and readily available.
- Create checklists for equipment setup and tear-down and oversee logistics for transportation and storage.
- Recruit and train future equipment coordinators and participants to handle equipment management effectively.

Officials Coordinator

- Recruit and assign officials for competitions, ensuring compliance with regulations.
- Organize pre-event meetings and briefings for officials to align rules and procedures.
- Recruit and mentor future officials.

JOB TASK SIGN UP

All job tasks will be posted for EACH MEET or “opportunity” for volunteering on the Oshkosh YMCA Volunteer Home page. Please NOTE you will NOT be able to sign up until you have completed the YMCA Volunteer Application and have been background screened. [SIGN UP HERE!](#)

Please also download Bloomerang Volunteer – our NEW APP for volunteers at the Oshkosh YMCA!



[Apple User's Download](#)
[Android User's Download](#)

SWIM MEET OFFICIALS

Join Our Team of Swim Meet Officials!

We invite you to become a certified official with OSHY and support our swimmers while enhancing your own understanding of the sport! Officiating is not only rewarding but also a fantastic way to immerse yourself in our swim community. Plus, the cost of certification is reimbursed by the Oshkosh YMCA!

Why Officiate for OSHY?

- **Support Swimmers:** Play a vital role in creating a fair and competitive environment that helps our athletes excel.
- **Learn and Grow:** Deepen your knowledge of swimming rules, strokes, and techniques through hands-on experience.
- **Build Community:** Connect with fellow swim enthusiasts and forge lasting friendships.

How to Get Started:

- **Contact Us:** Reach out to our Officials Coordinator.
- **Training:** Attend online sessions to learn rules and procedures.
- **Certification:** Pass the necessary exams to become a certified official.
- **Experience:** Gain practical experience at OSHY swim meets and more.

Official Roles Available:

We need various officials to effectively run each swim meet:

- **Stroke/Turn Official:** Monitors turns and ensures compliance during races.
- **Starter:** Gives instructions and starts each race.
- **Referee:** Signals the start of races and oversees the meet.
- **Administrative Official (AO):** Administrative tasks that ensures meet runs according to rules and regulations.

Every role is crucial in providing a well-organized and exciting experience for our swimmers. If you're ready to make a difference and be part of this rewarding journey, contact us today! Let's work together to support our athletes and nurture our vibrant swim community!

For more information on becoming a certified official please visit the links below:

<https://www.teamunify.com/team/czwilsc/page/officials/becoming-an-official>

https://www.teamunify.com/czwilsc/UserFiles/Image/QuickUpload/credentials-in-wi-2021-oct-18_071883.pdf

SCRIP

Scrip is a term that means “substitute money”. When you purchase scrip, you’re purchasing negotiable gift certificates and prepaid cards that are used just like cash. You can use scrip to purchase everyday expenses like food, clothing, and other essentials, and with every purchase, you earn revenue for our organization.

How does Scrip generate revenue for you?

The Great Lakes Scrip Center acts on behalf of churches, schools and other non-profit organizations to purchase large amounts of scrip from grocery stores, department stores, and other retailers. Because the scrip is purchased with cash up front, the participating retailers offer a substantial discount. Our organization buys the scrip from Great Lakes Scrip Center at a discount, and re-sells the certificates to families like yours for full face value. The discount – from two to fifteen percent or more – is our organization’s revenue.

Scrip is a popular fundraiser because families don’t have to sell anything. Organization members produce revenue by making regular household purchases they would make anyway. Groceries, clothing, toys, gifts, even gasoline can be purchased with scrip.

Program Information

- Scrip orders are placed bi-monthly for the traditional gift cards (physical plastic cards). Scrip orders are due by midnight on the 2nd and 4th Sunday of each month. Orders will be available for pick up at the Front Desk of the 20th Ave YMCA the following Friday evening.
- In the event that we have a Scrip order in which the contribution to the team is less than the shipping charge for receiving the cards, we will hold that order until the next cycle. You will be notified if your order will be delayed.
- ScripNow eCards can be ordered anytime. ScripNow is an eCard that you can buy and receive instantly. You can print off ScripNow, or redeem it on your mobile device for certain retailers.
- Payment for Scrip is made through PrestoPay.
- Rebates earned are split 75% / 25%. Your seventy five percent (75%) will be credited to your OSHY swim account monthly. OSHY receives 25%.

To Enroll in the OSHY Dolphin Swim Team Scrip Program:

- Register online by going to www.shopwithscrip.com
 - Click “Join a Program”.
 - Enter our program enrollment code: 17EC745E35167
- Enroll in PrestoPay.
 - Click on the Payment Types link under Family Functions on your ShopWithScrip Dashboard.
 - Follow the step-by-step instructions.

SPIRIT PUMP

Support OSHY by filling up your gas tank at the SPIRIT PUMP at the 9th Avenue BP. A portion of EVERY gallon of gas pumped at the SPIRIT PUMP goes back to OSHY.

9th Avenue BP
2165 W 9th Ave
Oshkosh, WI 54904

END OF YEAR CELEBRATION

Join us for an extraordinary celebration! Each you, our team hosts and end-of-the-year celebration in April/May that you won't want to miss. This event is always filled with exciting activities and prestigious awards, making it a highlight of the year. We wholeheartedly invite the entire family to be part of this memorable occasion – mark your calendars and get ready to celebrate in style!

We will be forming a parent committee to help plan this event. Please let the Swim Team Administrator know if you are interested in helping to make this year's event the best one yet!

PRE-DOLPHIN PRIVATE COACHING

Participants will work with an OSHY Swim Team Coach in an individualized setting to provide the necessary technical skill training to join the team OR for current team members who would like additional one-on-one training in addition to scheduled practices. This is NOT a replacement for practices. See OSHY website for more details.

SUPPORTING YOUR SWIMMER

- Provide the love, recognition, and encouragement essential for helping your swimmer develop a strong sense of self-worth and confidence.
- Maintain a positive attitude; your outlook can significantly influence your swimmer's mindset. Remember, they are always picking up on your feelings and desires, even when you think they aren't.
- Acknowledge that every swimmer has unique potential that blossoms at their own pace, and be patient.
- Inspire your child by celebrating their individual journey rather than comparing them to others. Every swimmer grows and matures at different times, and honoring their personal progress is vital.
- Trust the coach to guide your child's performance. Your child seeks your approval above all else and will strive to earn it. Refrain from trying to coach them based on what you observe in practice; instead, allow them to flourish under the coach's guidance.

YOUTH SPORTS—PARENT CODE OF CONDUCT

YMCA Youth Sports Philosophy:

YMCA Youth Sports are based on certain beliefs and philosophies: participation and everyone plays. The YMCA encourages having a healthy spirit, mind, and body, meaning the development of the whole person. The YMCA also emphasizes fundamentals, teamwork, fair play, cooperation, respect for the officials, one's

self, one's teammates, and the other team. Our philosophy is simple: **EVERYONE PLAYS—EVERYONE WINS**. Every decision you make and every behavior you display is based first on what you think is best for your athletes, and second, on what can be accomplished to have everyone become a winner.

Please read carefully and understand the terms. Please also understand that failure to abide by this Code of Conduct may result in you being asked to leave the premises and/or be suspended from other games and/or league activities.

- I hereby pledge to provide positive support, care, and encouragement for my child participating in the Youth Sports Program by following this Parent Code of Conduct:
- I will encourage good sportsmanship by demonstrating positive support for all participants, coaches, and officials.
- I will not engage in any kind of unsportsmanlike conduct with any official, coach, player or parent such as booing and taunting, refusing to shake hands, or using profane language.
- I will ask my child to treat other participants, coaches, officials, parents, and spectators with respect regardless of race, age, sex, creed, or ability.
- I will strive to be a good role model for my child and the other children in the program. I will encourage my child to learn to lose with dignity and win with grace.
- I will refrain from using drugs, tobacco, e-cigarettes, vaping, and alcohol at all youth sports events.
- I will respect my child's coach and do my best to have my child at all practices and games on time.

2026-20267 OSHY General Practice Groups Schedule*

*Please note that these are estimated practice days/times and are subject to change. Please use the TeamSnap ONE app for actual practice schedule.

Group Name	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Dolphin 3 (D3)	4:15-4:45 PM		4:15-4:45 PM			
Dolphin 2 (D3)	4:45-5:30 PM	4:15-5:30 PM Teaching Tuesday	4:45-5:30 PM	4:15-5:30 PM Many Thousand Thursday	4:15-5:30 PM Fast Friday OR Fun Friday	
Dolphin 1 (D1)	4:15-5:30 PM	4:15-5:30 PM Teaching Tuesday	4:15-5:30 PM	4:15-5:30 PM Many Thousand Thursday	4:15-5:30 PM Fast Friday OR Fun Friday	
Senior 3 (SR3)	6:15-7:45 PM	6:15-7:45 PM	6:15-7:45 PM	6:15-7:45 PM	4:15-6:15 PM	
Senior 2 (SR2)	6:15-8:15 PM	6:15-8:15 PM	6:15-8:15 PM	6:15-8:15 PM	4:15-6:15 PM	8:15-10:15 AM
Senior 1 (SR1)	6:15-8:15 PM	5:45-7:00 AM 6:15-8:15 PM	6:15-8:15 PM	5:45-7:00 AM 6:15-8:15 PM	4:15-6:15 PM	8:15-10:15 AM

Teaching Tuesday (For D1 and D2 Groups): Practice is primarily dedicated to teaching skills and techniques.

Many Thousand Thursday (For D1 and D2 Groups): Swimmers work together for a cumulative goal.

Fast Friday (For D1 and D2 Groups): Practice is all sprints.

Fun Friday (For D1 and D2 Groups): Games, relays and challenges are the focus.



2026–2027 OSHY SWIM TEAM PRACTICE GROUPS & FEES

Group Name	Description	Age	Prerequisites	Practices Offered	Practice Attendance Expectations	Swim Meet Participation	Equipment Needed	Fee
Dolphin 3 (D3)	This group is for the youngest and newest swimmers and is the entry level for 8 & under	8 & under	Swim 25 yards (one length of the pool)	Afternoons 2 times per week for 30 minutes	None	Home meets and low key away meets close to home	Kickboard and fins	\$32/month \$364/annual pay in full
Dolphin 2 (D2)	This group is the next step after D3 or the entry level for younger swimmers learning the basics of competitive swimming. This group will work on developing strength and endurance.	Elementary & Middle School	- Swim 8x25 on 1:00 w/o fins - Kick 8x25 on 1:00 w/o fins - Swim 4x50 on 1:30 w/fins	Afternoons 5 times per week...variable lengths of time	Attend 3–4 times per week	Home meets and low key away meets close to home	Kickboard and fins	\$75/month \$855/annual pay in full
Dolphin 1 (D1)	This group is OSHY's most advanced group for younger swimmers.	Elementary & Middle School	- Legal in 4 strokes - Read the clock and lead intervals - Swim 6x50 free on 1:00 - Swim 12x25 IM order on 40 - Kick 6x50 on 1:20	Afternoons 5 times per week for 75 minutes	Attend 3–5 times per week	Home meets, low key away meets, and championship meets for those who qualify	Kickboard, fins, center mount swim snorkel, pull buoy, small hand paddles	\$95/month \$1080/annual pay in full
Senior 3 (SR3)	This group is for swimmers that have advanced in, strength, and skill development.	Middle School & High School	- Swim 10x100 on 1:45 - Kick 10x100 on 2:15	Evenings 5 times per week...variable lengths of time	Attend 3–4 times per week	Home meets, low key and bigger away meets, and championship meets for those who qualify	Kickboard, fins, pull buoy, paddles, swim snorkel, drag socks/power socks	\$110/month (no fees Sep/Oct for girls or Nov/Dec for boys swimming for their high school team) \$1280/annual pay in full \$1045/annual pay in full if swimming for high school team
Senior 2 (SR2)	This group is the top practice groups for older swimmers. This group is the same as Senior 1 (SR1) but <u>does NOT include two week-day morning practices.</u>	Middle School & High School	- Swim 20x100 on 1:30 - Kick 10x100 on 2:00	Evenings 5 days per week and Saturday mornings for 120 minutes	Attend minimum of 4 times per week	Home meets, low key and bigger away meets, and championship meets for those who qualify	Kickboard, fins, pull buoy, paddles, swim snorkel, drag socks/power socks	\$128/month (no fees Sep/Oct for girls for Nov/Dec for boys swimming for their high school team) \$1460/annual pay in full \$1215/annual pay in full if swimming for high school team
Senior 1 (SR1)	This group is the top practice groups for older swimmers and is the same as Senior 2 (SR2) but <u>includes two weekday morning practices.</u>	Middle School & High School	- Swim 10x200 on 2:45 - Kick 10x100 on 1:45	2 weekday mornings for 75 minutes, evenings 5 days per week and Saturday mornings for 120 minutes	Attend minimum of 5 times per week (Tuesday/Thursday AM are required to be in the this group)	Home meets, low key and bigger away meets, and championship meets for those who qualify	Kickboard, fins, pull buoy, paddles, swim snorkel, drag socks/power socks	\$160/month (no fees Sep/Oct for girls or Nov/Dec for boys swimming for their high school team) \$1825/annual pay in full \$1520/annual pay in full if swimming for high school team