



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

DOWNTOWN YMCA HOURS

HOURS
BEGINNING
SEPT. 8

MONDAY–FRIDAY
5 a.m.–9 p.m.

SATURDAY
7 a.m.–5 p.m.

SUNDAY
Noon–5 p.m.

**ASK ABOUT 24/7
ACCESS TODAY!**



20TH AVENUE HOURS

MONDAY–FRIDAY
5 a.m.–9 p.m.

SATURDAY & SUNDAY
7 a.m.–7 p.m.