

Chocolate Coffee Protein Balls

Oshkosh Community YMCA

These chocolate coffee protein balls are a delicious healthy snack you can prep ahead of time!

INGREDIENTS:

- 1/2 cup rolled oats
- 1/2 cup dates
- 1/2 cup walnuts
- 1/4 cup black cold brew coffee
- 2 scoops chocolate protein powder
- 1 tbsp chia seeds
- 1 tbsp cocoa powder
- Pinch salt



INSTRUCTIONS:

Combine all the ingredients in a food processor. Process for about 20 seconds or until the mixture is well combined and starts to clump together. Roll into 12 balls and store in the fridge for up to 4 days.

Nutrition facts (approximate per ball): 81 calories, 3.5 g fat, 0.5 g saturated fat, 35 mg sodium, 7 g carbohydrate, 1.5 g fiber, 2.5 g sugar, 5.5 g protein, Vitamin A: 0%, Vitamin C: 2%, Calcium: 5%, Iron: 4%

Nutrition is provided as a courtesy and is an estimate. If this information is important to you, please have it verified independently.