


FOREVERWELL Calendar

20th Ave – January 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Note: Programs with  require registration</p>				<p>1</p> <p>Happy New Year! YMCA Open 11:00AM-4:00PM</p>	2	3
4	5	6	<p>7</p> <p>Chair Volleyball 10-11:30 AM Book Club 10:30 AM  Memory Café 1:30 PM Mahjong Open Play 1:00 PM</p>	8	9	10
11	12	13	14	15	16	17
	<p>Urban Pole Walking 9:15-10:00 AM  Ask the Expert by Care Patrol  10-11:00 AM</p>		<p>Chair Volleyball 10-11:30 AM Mahjong Open Play 1:00 PM</p>			
18	19	20	21	22	23	24
			<p>Chair Volleyball 10-11:30 AM Mahjong Open Play 1:00 PM</p>			
25	26	27	28	29	30	31
			<p>Chair Volleyball 10-11:30 am Mahjong Open Play 1:00 PM</p>			