



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FOREVERWELL Calendar

20th Ave – November 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 Ask the Expert by Care Patrol 9:30 AM Chair Volleyball 10-11:30 AM *Book Club 10:30 AM Mahjong 1:00 PM Memory Café 1:30 PM	4	5	6
7	8	9 *Urban Pole Walking 9:15 – 10:00 AM	10 *Holiday Party Potluck 12:00-1:30pm Chair Volleyball 10-11:30 AM Mahjong 1:00 PM	11	12	13
14	15	16	17 Chair Volleyball 10-11:30 AM Mahjong 1:00 PM	18	19	20
21	22	23	24 Christmas Eve YMCA Closed Both Locations	25 Christmas Day YMCA Closed Both Locations	26	27
28	29	30	31 Chair Volleyball 10-11:30AM Mahjong 1:00 PM			Note: Programs with a (*) requires registration

