

## ForeverWell Calendar DT – September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
, and the second	1	Ask the Expert by Care Patrol 9:30 am	3	*Quilt Show Bus Trip Departing from 20 <sup>th</sup> Ave	5	6
7	8	9	10 Craft Club 1:00 – 3:00 PM	11	12	13
14	15	16	17	*Book Club 1:00 PM Teaching Kitchen	19	20
21 Active Aging Week September 22-26	22	*Urban Pole Walking 9:15 am - Studio 3 *Washington Ave History Walk 1:30 pm	24 Craft Club 1:00 – 3:00 pm	25 *Lunch & Learn 12-1:30 pm MPR	26	27
Note: Programs with a (*) requires registration	29	30				