



20th Ave – July 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 "Ask the Expert" by Care Patrol 9:30 AM Lobby Chair Volleyball - 10:00 AM *Book Club – 10:30 AM Memory Café – 1:30 PM	3	4	5
6	7	8 *Urban Pole Walking 9:15 – 10:00 PM MPR 1	9 *Foundations of <u>ForeverWell – 9:00 am</u> Chair Volleyball <u>10:00-11:30 am</u> *Summer Picnic (DT) 12:00-1:00 PM	10	11	12
13	14	15	16 Chair Volleyball <u>10:00-11:30 am</u> *Bike Wiowash Trail <u>10-11:30 AM</u> Mahjong Open Play 1:00 PM	17	18	19
20	21	22	23 Chair Volleyball <u>10-11:30 AM</u> Mahjong Open Play 1:00 PM	24	25	26
27 Note: Programs with a (*) requires registration	28	29	30	31		