



**Oshkosh Community YMCA**  
**20th Ave Lap Pool Schedule**  
 Monthly Calendar for July 2025

(#) shows the amount of lanes available

**LAP POOL SCHEDULE**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>72</b> <b>Lengths</b> <b>= 1 mile</b> <b>36 laps</b> <b>= 1 mile</b>	<b>**Lap Swim is open to swimmers of all ages who can proficiently swim the length of the pool**</b>	<b>1</b> 5:30p-7:15a Lap (4) 7:15a-8a Lap (8) 8a-10a Lap (4) 10a-11a Lap (6) 11a-3:30p Lap (8) 3:30p-4p Lap (6) <b>4p-4:30p Lap (0)</b> 4:30p-6p Lap (3) 6p-6:30p Lap (8) 6:30p-7p Lap (2) <b>7p-8:30p Lap (0)</b>	<b>2</b> 5:30a-8a Lap (8) 8a-10a Lap (4) 10a-2:30p Lap (8) 2:30p-3:30p Lap (5) 3:30p-4:15p Lap (8) 4:15p-5p Lap (6) 5p-6p Lap (2) 6p-6:30p Lap (8) 6:30p-7p Lap (1) <b>7p-8:30p Lap (0)</b>	<b>3</b> 5:30a-7:15a Lap (4) 7:15a-8a Lap (8) 8a-10a Lap (4) 10a-3:30p Lap (8) 3:30p-4p Lap (6) <b>4p-4:30p Lap (0)</b> 4:30p-6p Lap (2) 6p-6:30p Lap (7) 6:30p-7p Lap (2) <b>7p-8:30p Lap (0)</b>	<b>YMCA</b> <b>CLOSED FOR</b> <b>THE 4TH OF</b> <b>JULY</b>	<b>5</b> 8a-4:30p Lap (8)
	<b>Summer Aquatics Center Hours:</b> <b>Monday - Friday 5:30a-8:30p</b> <b>Saturday 8a-4:30p</b> <b>Sunday 8a-11:30a</b>					
<b>6</b> 8a-11:30a Lap (8)	<b>7</b> 5:30a-9a Lap (8) 9a-10a Lap (4) 10a-11:30a Lap (6) 11:30a-2p Lap (8) 2p-4p Lap (6) 4p-5p Lap (5) <b>5p-6p Lap (0)</b> 6p-6:30p Lap (7) 6:30p-7p Lap (2) <b>7p-8:30p Lap (0)</b>	<b>8</b> 5:30p-7:15a Lap (4) 7:15a-8a Lap (8) 8a-10a Lap (4) 10a-11a Lap (6) 11a-3:30p Lap (8) 3:30p-4p Lap (6) <b>4p-4:30p Lap (0)</b> 4:30p-5:30p Lap (2) 5:30p-6p Lap (1) 6p-6:30p Lap (6) <b>6:30p-8:30p Lap (0)</b>	<b>9</b> 5:30a-8a Lap (8) 8a-10a Lap (4) 10a-2p Lap (8) 2p-3:30p Lap (3) 3:30p-4:15p Lap (8) 4:15p-5p Lap (6) 5p-6p Lap (2) 6p-6:30p Lap (7) <b>6:30p-8:30p Lap (0)</b>	<b>10</b> 5:30a-7:15a Lap (4) 7:15a-8a Lap (8) 8a-10a Lap (4) 10a-3:30p Lap (8) 3:30p-4p Lap (6) <b>4p-4:30p Lap (0)</b> 4:30p-6p Lap (2) 6p-6:30p Lap (7) 6:30p-7p Lap (2) <b>7p-8:30p Lap (0)</b>	<b>11</b> 5:30a-9a Lap (8) 9a-10a Lap (4) 10a-2p Lap (8) 2p-3:30p Lap (6) 3:30p-4:15p Lap (8) 4:15p-6:15p Lap (2) 6:15p-8:30p Lap (8)	<b>12</b> 8a-4:30p Lap (8)
<b>13</b> 8a-11:30a Lap (8)	<b>14</b> 5:30a-9a Lap (8) 9a-10a Lap (4) 10a-4p Lap (8) 4p-5p Lap (6) <b>5p-6p Lap (0)</b> 6p-6:30p Lap (7) 6:30p-7p Lap (2) <b>7p-8:30p Lap (0)</b>	<b>15</b> 5:30p-7:15a Lap (4) 7:15a-8a Lap (8) 8a-10a Lap (4) 10a-11a Lap (6) 11a-3:30p Lap (8) 3:30p-4p Lap (6) <b>4p-4:30p Lap (0)</b> 4:30p-5:30p Lap (2) 5:30p-6p Lap (1) 6p-6:30p Lap (6) <b>6:30p-8:30p Lap (0)</b>	<b>16</b> 5:30a-8a Lap (8) 8a-10a Lap (4) 10a-2p Lap (8) 2p-3:30p Lap (3) 3:30p-4:15p Lap (8) 4:15p-5p Lap (6) 5p-6p Lap (2) 6p-6:30p Lap (7) <b>6:30p-8:30p Lap (0)</b>	<b>17</b> 5:30a-7:15a Lap (4) 7:15a-8a Lap (8) 8a-10a Lap (4) 10a-3:30p Lap (8) 3:30p-4:30p Lap (6) 4:30p-5:30p Lap (8) <b>Aquatics Center closes at 5:30p for OSHY Swim Meet! GO OSHY!</b>	<b>18</b> 5:30a-9a Lap (8) 9a-10a Lap (4) 10a-2p Lap (8) 2p-3:30p Lap (6) 3:30p-4:15p Lap (8) 4:15p-6:15p Lap (2) 6:15p-8:30p Lap (8)	<b>19</b> 8a-10:15a Lap (2) 10:15a-4:30p Lap (8)
<b>20</b> 8a-11:30a Lap (8)	<b>21</b> 5:30a-9a Lap (8) 9a-10a Lap (4) 10a-4p Lap (8) 4p-5p Lap (6) <b>5p-6p Lap (0)</b> 6p-6:30p Lap (7) 6:30p-7p Lap (2) <b>7p-8:30p Lap (0)</b>	<b>22</b> 5:30p-7:15a Lap (4) 7:15a-8a Lap (8) 8a-10a Lap (4) 10a-4p Lap (6) <b>4p-4:30p Lap (0)</b> 4:30p-6p Lap (3) 6p-6:30p Lap (8) 6:30p-7p Lap (2) <b>7p-8:30p Lap (0)</b>	<b>23</b> 5:30a-8a Lap (8) 8a-10a Lap (4) 10a-2:30p Lap (8) 2:30p-3:30p Lap (5) 3:30p-4:15p Lap (8) 4:15p-5p Lap (6) 5p-6p Lap (2) 6p-6:30p Lap (8) 6:30p-7p Lap (1) <b>7p-8:30p Lap (0)</b>	<b>24</b> 5:30a-7:15a Lap (4) 7:15a-8a Lap (8) 8a-10a Lap (4) 10a-11a Lap (8) 11a-4p Lap (6) <b>4p-4:30p Lap (0)</b> 4:30p-6p Lap (2) 6p-6:30p Lap (7) 6:30p-7p Lap (2) <b>7p-8:30p Lap (0)</b>	<b>25</b> 5:30a-9a Lap (8) 9a-10a Lap (4) 10a-2p Lap (8) 2p-3:30p Lap (6) 3:30p-4:15p Lap (8) 4:15p-6:15p Lap (2) 6:15p-8:30p Lap (8)	<b>26</b> 8a-10:15a Lap (2) 10:15a-4:30p Lap (8)
<b>27</b> 8a-11:30a Lap (8)	<b>28</b> 5:30a-9a Lap (8) 9a-10a Lap (4) 10a-4p Lap (8) 4p-5p Lap (6) <b>5p-6p Lap (0)</b> 6p-6:30p Lap (7) 6:30p-7p Lap (2) <b>7p-8:30p Lap (0)</b>	<b>29</b> 5:30p-7:15a Lap (4) 7:15a-8a Lap (8) 8a-10a Lap (4) 10a-11a Lap (6) 11a-3:30p Lap (8) 3:30p-4p Lap (6) <b>4p-6p Lap (0)</b> 6p-6:30p Lap (6) <b>6:30p-8:30p Lap (0)</b>	<b>30</b> 5:30a-8a Lap (8) 8a-10a Lap (4) 10a-2p Lap (8) 2p-3:30p Lap (3) 3:30p-4:15p Lap (8) 4:15p-5p Lap (6) 5p-6p Lap (2) 6p-6:30p Lap (7) <b>6:30p-8:30p Lap (0)</b>	<b>31</b> 5:30p-7:15a Lap (4) 7:15a-8a Lap (8) 8a-10a Lap (4) 10a-3:30p Lap (8) 3:30p-4p Lap (6) <b>4p-6p Lap (0)</b> 6p-6:30p Lap (5) 6:30p-7p Lap (2) <b>7p-8:30p Lap (0)</b>	<b>WE NEED YOU!</b> Interested in joining our aquatics team as a Lifeguard or Swim Instructor? Please contact Trenton Davis at trentondavis@oshkoshymca.org or call (920) 230-8913. Lifeguard training is provided <b>FOR FREE</b> when you are hired!  Schedule subject to change due to programs, private lessons, events, and at Lifeguard discretion. For most up-to-date schedules, check out our Oshkosh Community YMCA App.	



# Oshkosh Community YMCA 20th Ave Family Pool Schedule Monthly Calendar for July 2025

## WATER FITNESS SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Water Fitness 9:05-9:50 AM Lap Pool	Deep Water Fitness 8:05-8:50 AM Lap Pool	<b>NEW!</b> Aqua Yoga 8:15-9:00 AM Lap Pool	High Intensity Water Fit 8:05-8:50 AM Lap Pool	Water Fitness 9:05-9:50 AM Lap Pool	
	Arthritis Aquatics 10:00-10:45 AM Lazy River/Slide	Water Fitness 9:05-9:50 AM Lap Pool	Water Fitness 9:05-9:50 AM Lap Pool	Water Fitness 9:05-9:50 AM Lap Pool	Arthritis Aquatics 10:00-10:45 AM Lazy River/Slide	
			Arthritis Aquatics 10:00-10:45 AM Lazy River/Slide		<b>**During Arthritis Aquatics the Lazy River will be closed**</b>	
			Water Dynamics 2:30-3:15 PM Lap/Family Pool			

## FAMILY POOL SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>**The Whirlpool closes every Thursday 12p-3p for routine maintenance**</b>	<b>Gadgets may be turned on upon request but are NOT available during programming.</b>	1 5:30a-9a Open 9a-11a Program Swim 11a-3:30p Open 3:30p-4:30p Program Swim 4:30p-8:30p Open	2 5:30a-12:30p Open <b>11:30a-12:30p Splash &amp; Splash</b> 12:30p-3p Program Swim 3p-8:30p Open	3 5:30a-3:30p Open 3:30p-4:30p Program Swim 4:30p-8:30p Open	<b>YMCA CLOSED FOR THE 4TH OF JULY</b>	5 8a-4:30p Open <b>Slide 12:30p-3:30p</b>
6 8a-11:30a Open	7 5:30a-8:30a Open 8:30a-10a 1/2 Open 10a-2p Open 2p-7p 1/2 Open 7p-8:30p Open	8 5:30a-9a Open 9a-11a Program Swim 11a-3:30p Open 3:30p-4:30p Program Swim 4:30p-7:15p 1/2 Open 7:15p-8:30p Open	9 5:30a-8:30a Open 8:30a-11:30a 1/2 Open <b>11:30a-12:30p Splash &amp; Splash</b> 12:30p-7p 1/2 Open 7p-8:30p Open	10 5:30a-10a Open 10a-11:30a 1/2 Open 11:30a-3:30p Open 3:30p-4:30p Program Swim 4:30p-5:30p 1/2 Open 5:30p-8:30p Open	11 9:30a-10:30a Program Swim <b>10:30a-11:30a Splash &amp; Splash</b> 10:30a-12:30a Open 12:30p-3:30p Program Swim 3:30p-8:30p Open <b>Slide 4:30p-7p</b>	12 8a-4:30p Open <b>Slide 12:30p-3:30p</b>
13 8a-11:30a Open	14 5:30a-8:30a Open 8:30a-10a 1/2 Open 10a-2p Open 2p-7p 1/2 Open 7p-8:30p Open	15 5:30a-9a Open 9a-11a Program Swim 11a-3:30p Open 3:30p-4:30p Program Swim 4:30p-7:15p 1/2 Open 7:15p-8:30p Open	16 5:30a-8:30a Open 8:30a-11:30a 1/2 Open <b>11:30a-12:30p Splash &amp; Splash</b> 12:30p-7p 1/2 Open 7p-8:30p Open	17 5:30a-10a Open 10a-11:30a 1/2 Open 11:30a-3:30p Open 3:30p-4:30p Program Swim 4:30p-5:30p 1/2 Open <b>Aquatics Center closes at 5:30p for OSHY Swim Meet! GO OSHY!</b>	18 9:30a-10:30a Program Swim <b>10:30a-11:30a Splash &amp; Splash</b> 10:30a-12:30a Open 12:30p-3:30p Program Swim 3:30p-8:30p Open <b>Slide 4:30p-7p</b>	19 8a-4:30p Open <b>Slide 12:30p-3:30p</b>
20 8a-11:30a Open	21 5:30a-8:30p Open	22 5:30a-9a Open 9a-11a Program Swim 11a-1p 1/2 Open 1p-3:30p Open 3:30p-4:30p Program Swim 4:30p-8:30p Open	23 5:30a-12:30p Open <b>11:30a-12:30p Splash &amp; Splash</b> 12:30p-3p Program Swim 3p-8:30p Open	24 5:30a-11a Open 11a-1p 1/2 Open 1p-3:30p Open 3:30p-4:30p Program Swim 4:30p-8:30p Open	25 9:30a-10:30a Program Swim <b>10:30a-11:30a Splash &amp; Splash</b> 10:30a-12:30a Open 12:30p-3:30p Program Swim 3:30p-8:30p Open <b>Slide 4:30p-7p</b>	26 8a-4:30p Open <b>Slide 12:30p-3:30p</b>
27 8a-11:30a Open	28 5:30a-8:30a Open 8:30a-10a 1/2 Open 10a-2p Open 2p-7p 1/2 Open 7p-8:30p Open	29 5:30a-9a Open 9a-11a Program Swim 11a-3:30p Open 3:30p-4:30p Program Swim 4:30p-7:15p 1/2 Open 7:15p-8:30p Open	30 5:30a-8:30a Open 8:30a-11:30a 1/2 Open <b>11:30a-12:30p Splash &amp; Splash</b> 12:30p-7p 1/2 Open 7p-8:30p Open	31 5:30a-10a Open 10a-11:30a 1/2 Open 11:30a-3:30p Open 3:30p-4:30p Program Swim 4:30p-7:15p 1/2 Open 7:15p-8:30p Open	<b>1/2 Open is when YMCA Swim Lessons are occurring. We want to ensure a safe, fun experience to everyone during this busy time. During these times, the lazy river and zero depth entry ONLY will be available for use. Gadgets and other areas of the family pool will be unavailable.</b>	
Summer Aquatics Center Hours: Monday - Friday 5:30a-8:30p Saturday 8a-4:30p Sunday 8a-11:30a	<b>**Zero Depth area is available for Open Swim during Aquatic Center hours of operation**</b>	<b>WE NEED YOU!</b> Interested in joining our aquatics team as a Lifeguard or Swim Instructor? Please contact Trenton Davis at trentondavis@oshkoshymca.org or call (920) 230-8913. Lifeguard training is provided <b>FOR FREE</b> when you are hired!		Program Swim is when YMCA youth programs come to swim. All areas of the Family Pool remain open, but this is a busier time.	<b>Schedule subject to change due to programs, private lessons, events, and at Lifeguard discretion. For most up-to-date schedules, check out our Oshkosh Community YMCA App.</b>	