

Stacked Tomato and Burrata Salad

Oshkosh Community YMCA

All you need to know about this tomato and Burrata salad is that burrata means "buttered." Comparing mozzarella and Burrata is slightly unfair, as Burrata is significantly richer and creamier.

INGREDIENTS:

- 1 vine-ripened tomato, cored and cut into 1/2-inch slices
- flaked sea salt and freshly ground black pepper to taste
- ¼ cup Burrata cheese, or more to taste
- 1 tablespoon torn fresh basil leaves, or to taste
- 1 tablespoon extra-virgin olive oil



INSTRUCTIONS:

Place a tomato slice onto a plate and season with sea salt and black pepper. Spread Burrata cheese over tomato slice, top with torn basil leaves, and drizzle with olive oil. Repeat the layering process with remaining ingredients, finishing with a tomato slice.

NUTRITION

Nutrition Facts

Servings Per Recipe 1 Calories 329

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	% Daily Value *
Total Fat 27g	35%
Saturated Fat 11g	55%
Cholesterol 45mg	15%
Sodium 486mg	21%
Total Carbohydrate 6g	2%
Dietary Fiber 2g	6%
Total Sugars 4g	
Protein 10g	21%
Vitamin C 19mg	21%
Calcium 20mg	2%
Iron 4mg	24%
Potassium 361mg	8%

Nutrition is provided as a courtesy and is an estimate. If this information is important to you, please have it verified independently.