



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ForeverWell Calendar

20th Ave – June 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 "Ask the Expert" by Care Patrol 9:30 AM Lobby Chair Volleyball - 10:00 AM *Book Club – 10:30 AM Memory Café – 1:30 PM	5 *Summer Field Trip to Heckrodt Wetland Reserve 9-10:30 AM	6	7
8	9	10 *Urban Pole Walking 9:15 – 10:00 PM MPR 1	11 Chair Volleyball <u>10-11:30 AM</u> Mahjong Open Play 1:00 PM	12	13	14
15	16	17	18 Chair Volleyball <u>10-11:30 AM</u> Mahjong Open Play 1:00 PM	19	20	21
22	23	24	25 Chair Volleyball <u>10-11:30 AM</u> Mahjong Open Play 1:00 PM	26	27	28
29 Note: Programs with a (*) requires registration	30					