

FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

## ForeverWell Calendar 20<sup>th</sup> Ave – March 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3	4 YMCA Day of Giving	5 "Ask the Expert" by Care Patrol 9:30 AM Lobby Chair Volleyball - 10:00 AM Book Club* – 10:30 AM Memory Café – 1:30 PM	6	7	8
9	10	11 Urban Pole Walking 9:15 – 10:00 PM MPR 1	12 Foundations of <u>ForeverWell* - 9:00 am</u> Chair Volleyball 10:00 am - 11:30 PM	13 Coffee & Conversation* -DT Teaching Kitchen	14	15
16	17 Card Making Class* 1:00 PM \$5 Member	18 5 Pillars of Health* 12:00 -1:30 PM MPR 1 & 2	19 Chair Volleyball 10:00 am - 11:30 PM	20	21	22
23 Note: Programs with a (*) requires registration	24 Oshkosh Area School District Spring Break March 24 - 28	25	26 Chair Volleyball 10:00 am - 11:30 PM	27	28	