

FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

## ForeverWell Calendar DT – May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
National Mental Health Month			1	2 Walking With Friends Kick Off 9:00 am DT Lobby	3	4
5	6	7 *Connecting Community Through Food 11:00 am	8 Craft Club 1:00 – 3:00 pm Teaching Kitchen	9 Walking With Friends 9:00 am Meet Boat Launch Menominee Park	10 No School Oshkosh Area School District	11
12	13	14 <u>*9:00 Foundations</u> Y Lunch Noon @ La Patrona 252 Wisconsin St	15	16 Walking With Friends 9:00 am <u>South Park</u> Book Club @ 1:00 pm TK	17	18
19	20	21	22 Craft Club 1:00 – 3:00 pm Teaching Kitchen	23 Walking With Friends 9:00 am Wiowash Trail	24	25
26	27	28	29 National Senior Health & Fitness Day! See flyer for details	30 Walking With Friends 9:00 am Riverwalk	31	
Note: Programs with a (*) requires registration		Y lunch is an informal lunch for any Y members to attend and socialize outside the Y!				Walking With Friends – meet up locations with maps available at front desk.