

## ForeverWell Calendar DT – April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
National Move More Month!	1 April Fool's Day!	*Connecting Community Through Food 11:00 am	3	4 *Foot Care Clinic Teaching Kitchen -See below for more info	5	6
7	8	9 *9:00 Foundations Y Lunch Noon @ Cozumel	Craft Club 1:00 – 3:00 pm Teaching Kitchen	*Lunch & Learn Nourish Your Body 12-1:30 pm	No School Oshkosh Area School District	13
14	15	16	17	18	19	20
21  National Volunteer Appreciation Week	22 Earth Day!	23	9:30 - 10:30 am Pole Walking Workshop MPR Craft Club 1:00 - 3:00 pm	25	26	27
28	29	30 Lunch & Learn at 20 <sup>th</sup> Ave Y Preventing Pickleball Injuries				
Note: Programs with a (*) requires registration		Y lunch is an informal lunch for any Y members to attend and socialize outside the Y!			*April 4 – Foot Care Clinic 1-4 pm in Teaching Kitchen	Call (920) 426- 1931 to reserve your spot. Cost: \$34