



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# ForeverWell Calendar

## 20<sup>th</sup> Ave – April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
<b>National Move More Month!</b>	<b>April Fool's Day!</b>					
7	8	9	10	11	12	13
		Y Lunch Noon @ Cozumel on Witzel	Memory Café <u>1:30 – 3:00 pm</u> Chair Volleyball 10:30 am - Noon		No School Oshkosh Area School District	
14	15	15	17	18	19	20
			*Foundations of <u>ForeverWell 9:00 am</u> Chair Volleyball 10:30 am - Noon			
21	22	23	24	25	26	27
<b>National Volunteer Appreciation Week</b>	<b>Earth Day!</b>		9:30 – 10:30 am *Pole Walking <u>Workshop - DT</u> Chair Volleyball 10:30 am – Noon			Note: Programs with a (*) requires registration
28	29	30				
		*Lunch & Learn Noon – 1:30 pm Preventing Pickleball Injuries MPR 1 & 2				Y lunch is an informal lunch for any Y members to join and socialize outside the Y!