



# Oshkosh Community YMCA Downtown Family Pool Schedule

Monthly Calendar For April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> 5a - 11a Open 1p - 4p Open 4p - 5:30p 1/2 Open 5:30p - 6:30p Open 7:30p - 8:30p Open	<b>2</b> 5a - 8a Open <b>9a - 11am Open</b> 11:30a - 2:45p Open 2:45p - 7:15p 1/2 Open 7:15p - 8:30p Open	<b>3</b> 5a - 11a Open 1p - 2:45p Open 2:45p - 5:30p 1/2 Open 5:30p - 8:30p Open	<b>4</b> 5a - 8a Open 9a - 4p Open 4p - 7:15p 1/2 Open 7:15p - 8:30p Open	<b>5</b> 5a - 8:30p Open	<b>6</b> 9a - 12:15p 1/2 Open 12:15p - 4:30p Open
<b>7</b> 12p - 4:30p Open	<b>8</b> 5a - 11a Open 1p - 4p Open 4p - 5:30p 1/2 Open 5:30p - 6:30p Open 7:30p - 8:30p Open	<b>9</b> 5a - 8a Open 9a - 11am Open 11:30a - 2:45p Open 2:45p - 7:15p 1/2 Open 7:15p - 8:30p Open	<b>10</b> 5a - 11a Open 1p - 2:45p Open 2:45p - 5:30p 1/2 Open 5:30p - 8:30p Open	<b>11</b> 5a - 8a Open 9a - 4p Open 4p - 7:15p 1/2 Open 7:15p - 8:30p Open	<b>12</b> 5a - 8:30p Open	<b>13</b> 9a - 12:15p 1/2 Open 12:15p - 4:30p Open
<b>14</b> 12p - 4:30p Open	<b>15</b> 5a - 11a Open 1p - 4p Open 4p - 5:30p 1/2 Open 5:30p - 6:30p Open 7:30p - 8:30p Open	<b>16</b> 5a - 8a Open 9a - 11am Open 11:30a - 2:45p Open 2:45p - 7:15p 1/2 Open 7:15p - 8:30p Open	<b>17</b> 5a - 11a Open 1p - 2:45p Open 2:45p - 5:30p 1/2 Open 5:30p - 8:30p Open	<b>18</b> 5a - 8a Open 9a - 4p Open 4p - 7:15p 1/2 Open 7:15p - 8:30p Open	<b>19</b> 5a - 8:30p Open	<b>20</b> 9a - 12:15p 1/2 Open 12:15p - 4:30p Open
<b>21</b> 12p - 4:30p Open	<b>22</b> 5a - 11a Open 1p - 4p Open 4p - 5:30p 1/2 Open 5:30p - 6:30p Open 7:30p - 8:30p Open	<b>23</b> 5a - 8a Open 9a - 11am Open 11:30a - 2:45p Open 2:45p - 7:15p 1/2 Open 7:15p - 8:30p Open	<b>24</b> 5a - 11a Open 1p - 2:45p Open 2:45p - 5:30p 1/2 Open 5:30p - 8:30p Open	<b>25</b> 5a - 8a Open 9a - 4p Open 4p - 7:15p 1/2 Open 7:15p - 8:30p Open	<b>26</b> 5a - 8:30p Open	<b>27</b> 9a - 12:15p 1/2 Open 12:15p - 4:30p Open
<b>28</b> 12p - 4:30p Open	<b>29</b> 5a - 11a Open 1p - 4p Open 4p - 5:30p 1/2 Open 5:30p - 8:30p Open	<b>30</b> 5a - 8a Open 9a - 11am Open 11:30a - 2:45p Open 2:45p - 7:15p 1/2 Open 7:15p - 8:30p Open				

**Lazy River:** Available for walking/open swim when the aquatic facility is open. **Please share the river!**

The Lazy River Water Spray may be turned on during open swim provided **no** swim lessons or water fitness classes are occurring. Ask a lifeguard if you are interested.

**Sauna, Steam Room, & Hot Tub\*** are open when the aquatic facility is open.

**April 1st, 8th, 15th, and 22nd (Mondays) the pool will be closed from 6:30- 7:30PM for our Adaptive Program**

**April 2nd Pool Party in the Family Area (25+ Patrons) 8:45AM-9:45AM**



# Oshkosh Community YMCA Downtown Lap Pool Schedule

Monthly Calendar For April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> 5a - 9a Lap (3) 11a - 1p Lap (3) 1p - 5:30p Lap (2) 7:30p - 8:30p Lap (2)	<b>2</b> 5a - 9a Lap (3) 11a - 1p Lap (3) 1p - 8:30p Lap (2)	<b>3</b> 5a - 9a Lap (3) 11a - 1p Lap (3) 1p - 5:30p Lap (2) 6:30p - 8:30p Lap (2)	<b>4</b> 5a - 9a Lap (3) 11a - 1p Lap (3) 1p - 8:30p Lap (2)	<b>5</b> 5a - 9a Lap (3) 11a - 1p Lap (3) 1p - 8:30p Lap (2)	<b>6</b> 8a - 9a Lap (3) 9a - 4:30p Lap (2)
<b>7</b> 12p - 430p Lap (3)	<b>8</b> 5a - 9a Lap (3) 11a - 1p Lap (3) 1p - 5:30p Lap (2) 7:30p - 8:30p Lap (2)	<b>9</b> 5a - 9a Lap (3) 11a - 1p Lap (3) 1p - 8:30p Lap (2)	<b>10</b> 5a - 9a Lap (3) 11a - 1p Lap (3) 1p - 5:30p Lap (2) 6:30p - 8:30p Lap (2)	<b>11</b> 5a - 9a Lap (3) 11a - 1p Lap (3) 1p - 8:30p Lap (2)	<b>12</b> 5a - 9a Lap (3) 11a - 1p Lap (3) 1p - 8:30p Lap (2)	<b>13</b> 8a - 9a Lap (3) 9a - 4:30p Lap (2)
<b>14</b> 12p - 430p Lap (3)	<b>15</b> 5a - 9a Lap (3) 11a - 1p Lap (3) 1p - 5:30p Lap (2) 7:30p - 8:30p Lap (2)	<b>16</b> 5a - 9a Lap (3) 11a - 1p Lap (3) 1p - 8:30p Lap (2)	<b>17</b> 5a - 9a Lap (3) 11a - 1p Lap (3) 1p - 5:30p Lap (2) 6:30p - 8:30p Lap (2)	<b>18</b> 5a - 9a Lap (3) 11a - 1p Lap (3) 1p - 8:30p Lap (2)	<b>19</b> 5a - 9a Lap (3) 11a - 1p Lap (3) 1p - 8:30p Lap (2)	<b>20</b> 8a - 9a Lap (3) 9a - 4:30p Lap (2)
<b>21</b> 12p - 430p Lap (3)	<b>22</b> 5a - 9a Lap (3) 11a - 1p Lap (3) 1p - 5:30p Lap (2) 7:30p - 8:30p Lap (2)	<b>23</b> 5a - 9a Lap (3) 11a - 1p Lap (3) 1p - 8:30p Lap (2)	<b>24</b> 5a - 9a Lap (3) 11a - 1p Lap (3) 1p - 5:30p Lap (2) 6:30p - 8:30p Lap (2)	<b>25</b> 5a - 9a Lap (3) 11a - 1p Lap (3) 1p - 8:30p Lap (2)	<b>26</b> 5a - 9a Lap (3) 11a - 1p Lap (3) 1p - 8:30p Lap (2)	<b>27</b> 8a - 9a Lap (3) 9a - 4:30p Lap (2)
<b>28</b> 12p - 430p Lap (3)	<b>29</b> 5a - 9a Lap (3) 11a - 1p Lap (3) 1p - 5:30p Lap (2) 6:30p - 8:30p Lap (2)	<b>30</b> 5a - 9a Lap (3) 11a - 1p Lap (3) 1p - 8:30p Lap (2)				

Lap swim is open to swimmers of all ages who can proficiently swim the length of the pool

Lane availability subject to change due to program changes, private lessons, rehab/therapy or other reasons. **Please share lanes!**

Open Swim may take place in Lane 1 at the discretion of the lifeguard staff **and** at designated times

### Water Fitness Classes

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Water Fit 9:05 - 9:50 AM Lap Area	Power Current 8:05 - 8:50 AM Family Area	Water Fit 9:05 - 9:50 AM Lap Area	Power Current 8:05 - 8:50 AM Family Area	Deep Water Fit 9:05 - 9:50 AM Lap Area	Water Fit 8:05 - 8:50a Family Area
Forever Well 10:05 - 10:50 AM Lap Area	Water Fit 9:05 - 9:50 AM Lap Area	Senior Water Fit 10:05 - 10:50 AM Lap Area	Water Fit 9:05 - 9:50 AM Lap Area	Forever Well 10:05 - 10:50 AM Lap Area	
Arthritis Aquatics 11:00 - 11:45 AM Family Area	Strength & Stretch 10:05 - 10:55 AM Lap Area	Arthritis Aquatics 11:00 - 11:45 AM Family Area	Deep Water Fit 10:05 - 10:50 AM Lap Area		
Aqua Zumba 12:10 - 12:55 PM Family Area	11:00 - 11:20 AM Family Area	Strength & Stretch 12:10 - 12:50 Family Area			
Water Fit 5:35 - 6:20 PM Lap Area		Water Fit/Zumba 5:35 - 6:20 PM Lap Area			

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