



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ForeverWell Calendar

DT-November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7 Connecting Community Through Food 11:00 am - Noon	8 Craft Club 1:00 – 3:00 pm Teaching Kitchen	9	10	11 Veteran's Day
12	13 Brighter Days Support Group 1:00 – 2:30 pm	14 9:00 am Foundations of ForeverWell	15	16 "National Use Less Stuff Day"	17	18
19	20	21	22 Craft Club 1:00 – 3:00 pm Teaching Kitchen	23 Happy Thanksgiving The Y is Closed	24	25 "Small Business Saturday!"
26	27 Brighter Days Support Group 1:00 – 2:30 pm	28 10:00 am Lunch & Learn – Diabetes Awareness at 20th	29	30		
Save the date! Holiday Party December 14th						