



Oshkosh Community YMCA Downtown Family Pool Schedule

Monthly Calendar For November 2023

						November 202.
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			5a - 11a Open	5a - 8a Open	5a - 8:30p Open	9a - 12:10p 1/2 Open
			1:00p - 8:30p Open	9a - 2:45p Open		12:10p - 4:30p Open
			2:45p - 5:30p 1/2 Open	2:45p - 7:10p 1/2 Open		
			5:30p - 6:30p Open	7:10p - 8:30p Open		
			7:30p - 8:30p Open			
5	6	7	8	9	10	11
12p - 4:30p Open	5a - 11a Open	5a - 11a Open	5a - 11a Open	5a - 8a Open	5a - 8:30p Open	9a - 12:10p 1/2 Open
	1p - 4:00p Open	11:30a - 2:45p Open	1:00p - 2:45p Open	9a - 4:00p Open		12:10p - 4:30p Open
	4:00p - 5:30p 1/2 Open	2:45p - 7:15p 1/2 Open	2:45p - 5:30p 1/2 Open	4:00p - 7:10p 1/2 Open		
	5:30p - 8:30p Open	7:15p - 8:30 Open	5:30p - 6:30p Open	7:10p - 8:30p Open		
			7:30p - 8:30p Open			
12	13	14	15	16	17	18
12p - 4:30p Open	5a - 11a Open	5a - 11a Open	5a - 11a Open	5a - 8a Open	5a - 8:30p Open	9a - 12:10p 1/2 Open
	1p - 4:00p Open	11:30a - 2:45p Open	1:00p - 2:45p Open	9a - 4:00p Open		12:10p - 4:30p Open
	4:00p - 5:30p 1/2 Open	2:45p - 7:15p 1/2 Open	2:45p - 5:30p 1/2 Open	4:00p - 7:10p 1/2 Open		
	5:30p - 8:30p Open	7:15p - 8:30 Open	5:30p - 6:30p Open	7:10p - 8:30p Open		community night
			7:30p - 8:30p Open			5p - 7p Open
19	20	21	22	23	24	25
12p - 4:30p Open	5a - 11a Open	5a - 11a Open	5a - 11a Open	CLOSED	5a - 8:30p Open	9a - 4:30p Open
	1p - 8:30p Open	11:30a - 8:30p Open	1:00P - 8:30p Open	for		
				THANKSGIVING		
26	27	28	29	30		
12p - 4:30p Open	5a - 11a Open	5a - 11a Open	5a - 11a Open	5a - 8a Open		
	1p - 4:00p Open	11:30a - 2:45p Open	1:00p - 2:45p Open	9a - 4:00p Open		
	4:00p - 5:30p 1/2 Open	2:45p - 7:15p 1/2 Open	2:45p - 5:30p 1/2 Open	4:00p - 7:10p 1/2 Open		
	5:30p - 8:30p Open	7:15p - 8:30 Open	5:30p - 8:30p Open	7:10p - 8:30p Open		

Lazy River: Available for walking/open swim when the aquatic facility is open, except for:

Thursday morning 800a - 900a during Power Current

The Lazy River Water Spray may be turned on during open swim provided **no** swim lessons or water fitness classes are occurring. Ask a lifeguard if you are interested.

Sauna, Steam Room, & Hot Tub* are open when the aquatic facility is open

* The hot tub is closed for maintenance Fridays from 1 - 4 PM for a partial drain & fill.

At 4 PM the temperature may be slightly lower than normal until the new, fresh water is heated.





Oshkosh Community YMCA Downtown Lap Pool Schedule

Monthly Calendar For November 2023

Sunday	Monday	Tuocday	Wodpoodov		y Calendar For N	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			5a - 9a Lap (4)	5a - 9a Lap (4)	5a - 9a Lap (4)	8a - 9a Lap (3)
			11a - 1p Lap (4)	11a - 1p Lap (4)	11a - 1p Lap (4)	9a - 4:30p Lap (2)
			1p - 5:30p Lap (2)	1p - 8:30p (2)	1p - 8:30p (2)	
			7:30p - 8:30p (Lap 2)			
5	6	7	8	9	10	11
2p - 4:30p Lap (3)	5a - 9a Lap (4)	5a - 9a Lap (4)	5a - 9a Lap (4)	5a - 9a Lap (4)	5a - 9a Lap (4)	8a - 9a Lap (3)
1 1 ()	11a - 1p Lap (4)	11a - 1p Lap (4)	11a - 1p Lap (4)	11a - 1p Lap (4)	11a - 1p Lap (4)	9a - 4:30p Lap (2)
	1p - 5:30p Lap (2)	1p - 8:30p (2)	1p - 5:30p Lap (2)	1p - 8:30p (2)	1p - 8:30p (2)	04 1.00p 24p (2)
	630p - 8:30p Lab(2)		7:30p - 8:30p (Lap 2)		,	
	0.000 Eas(2)		7.55p 6.55p (Eup 2)			
12	13	14	15	16	17	18
2p - 4:30p Lap (3)	5a - 9a Lap (4)	5a - 9a Lap (4)	5a - 9a Lap (4)	5a - 9a Lap (4)	5a - 9a Lap (4)	5p - 7p Open
12p - 4.50p Lap (5)	11a - 1p Lap (4)	11a - 1p Lap (4)	11a - 1p Lap (4)	11a - 1p Lap (4)	11a - 1p Lap (4)	9a - 4:30p Lap (2)
	1p - 5:30p Lap (2)	1p - 8:30p (2)	1p - 5:30p Lap (2)	1p - 8:30p (2)	1p - 8:30p (2)	ou 4.00p Lup (2)
	630p - 8:30p Lap(2)	F 3.23F (=)	7:30p - 8:30p (Lap 2)	, p = 0.00 p (=)	- F	Community night
	030p - 0.30p Lap(2)		7.30p - 6.30p (Lap 2)			
						5p - 7p Lap (2)
19	20	21	22	23	24	25
2p - 4:30p Lap (3)	5a - 9a Lap (4)	5a - 9a Lap (4)	5a - 9a Lap (4)	CLOSED	5a - 9a Lap (4)	8a - 9a Lap (3)
2p - 4.30p Lap (3)	11a - 1p Lap (4)	11a - 1p Lap (4)	11a - 1p Lap (4)	for	11a - 11a - 1p Lap (4)	9a - 4:30p Lap (2)
				THANKSGIVING	· ·	9a - 4.30p Lap (2)
	1p - 5:30p Lap (2)	1p - 8:30p Lap (2)	1p - 5:30p Lap (2)	THANKSGIVING	2p - 8:30p Lap (2)	
	630p - 8:30p Lab(2)		630p - 8:30p Lap(2)			
26	27	20	29	20		
26	1	28		30		
12p - 4:30p Lap (3)	5a - 9a Lap (4)	5a - 9a Lap (4)	5a - 9a Lap (4)	5a - 9a Lap (4)		
	11a - 1p Lap (4)	11a - 1p Lap (4)	11a - 1p Lap (4)	11a - 1p Lap (4)		
	1p - 5:30p Lap (2)	1p - 8:30p Lap (2)	1p - 5:30p Lap (2)	1p - 8:30p Lap (2)		
	630p - 8:30p Lab(2)		7:30p - 8:30p (Lap 2)			
				1		

Lap swim is open to swimmers of all ages who can proficiently swim the length of the pool

Lane availability subject to change due to program changes, private lessons, or other reasons. Please share lanes!

Open Swim may take place in Lane 1 at the discretion of the lifeguard staff and at designated times

Water Fitness Classes

Water Filliess Classes						
<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	
Water Fit	Water Fit	Water Fit	Power Current	Deep Water Fit	Water Fit	
9:05 - 9:50 AM	9:05 - 9:50 AM	9:05 - 9:50 AM	8:05 - 8:50 AM	9:05 - 9:50 AM	8:05 - 8:50a	
Lap Area	Lap Area	Lap Area	Family Area	Lap Area	Family Area	
Senior Water Fit	Strength & Stretch	Senior Water Fit	Water Fit	Senior Water Fit		
10:05 - 10:50 AM	10:05 – 10:55 AM	10:05 - 10:50 AM	9:05 - 9:50 AM	10:05 - 10:50 AM		
Lap Area	Lap Area	Lap Area	Lap Area	Lap Area		
Arthritis Aquatics		Arthritis Aquatics	Deep Water Fit			
11:00 - 11:45 AM	11:00 - 11:20 AM	11:00 - 11:45 AM	10:05 - 10:50 AM			
Family Area	Family Area	Family Area	Lap Area			
AquaZumba		Strength & Stretch		='		
12:10 - 12:50 PM		12:10 - 12:50				
Family Area		Family Area				
Water Fit		AquaZumba **				
5:35 - 6:20 PM		5:35 - 6:20 PM				
Lap Area		Lap Area				