



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PRESS PLAY

**A fun, entry-level
experience that builds
skills and relationships
among adults**

**Get the most out of your
Y membership...USE IT!**

The first session of PRESS PLAY will concentrate on Basketball. We will get back to the basics and work on the skills of the game, leading into a game-playing format. PRESS PLAY is free to all participants and includes the use of all YMCA facilities through the duration of the seven-week program.

Ages - Those who are from the latter half of the baby boomer generation, typically between the ages of 45-55.

When - We will meet once a week at a time decided on by the group.

Where - Main Gym, 20th Ave YMCA

QUESTIONS? Please contact
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OR
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paultrebiatowski@oshkoshymca.org

If you have some interest in joining this free pilot program and providing us feedback about how it is working for you along the way, we would love to have you join us. If you have a friend that you think might like to participate with you, we would love for you to let us know about them as well. They do not need to be a Y member to try this out. All are welcome. You just need to be willing to have fun, start slow, and make steady progress!

OSHKOSH COMMUNITY YMCA
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