



Oshkosh Community YMCA
3303 West 20th Avenue, Oshkosh, WI 54904

NON-PROFIT
ORGANIZATION
U.S. POSTAGE
PAID
OSHKOSH, WI
PERMIT NO. 145

FOSTERING LIFE SKILLS

NFL FLAG FOOTBALL

Check out the other exciting programs the Y has to offer.
Call and ask for an Activities Guide today!



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



DREAM BIG, PLAY HARD

NFL FLAG FOOTBALL



OSHKOSH COMMUNITY YMCA



NFL FLAG is a premier youth football league for boys and girls. The program provides young players a fun and exciting opportunity to engage in non-contact, continuous action while learning lessons in teamwork. Launched in 1996, the FLAG Football program is designed to educate young people about football while emphasizing participation and sportsmanship. Players learn skills and lessons that help them succeed both on and off the field.

Oshkosh Community YMCA's NFL Flag Football League is a seven-week season of flag football fun for everyone.

GAMES will take place on Saturday mornings, at the 20th Ave. YMCA.

PRACTICES are held 30 minutes prior to the game.

AGE K-8th Grade

SEASON April 28 - June 9, 2012

REGISTRATION Deadline March 17, 2012

FEE \$46 Member • \$68 Activity Member (Includes NFL Reversible Jersey)

ALL PLAYERS MUST WEAR A MOUTH GUARD TO PARTICIPATE.

COACHES MEETING

Tuesday, April 3, 2012 | 6:00 p.m.
20th Ave. YMCA

“It’s not whether you get knocked down; it’s whether you get back up.”

Vince Lombardi

THE 7 GUIDING PRINCIPLES OF NFL YOUTH PROGRAMS

The NFL Youth Programs were developed to help kids and their families have an enjoyable experience every time they step on a football field. As part of this, the NFL asked kids, parents, and coaches about their likes, dislikes, and concerns, not only with playing football, but with the overall youth sports experience.

As a result of this research, we have developed seven guiding principles that make up the overall philosophy that we apply to all the NFL Youth Programs.

1. Make it fun
2. Limit standing around
3. Everyone plays
4. Teach every position to every participant
5. Emphasize the fundamentals
6. Incorporate a progression of skill development for every participant
7. Yell encouragement, whisper constructive criticism

**REGISTRATION FORM
YMCA NFL FLAG FOOTBALL PROGRAM**

OPEN REGISTRATION ENDS MARCH 17, 2012

\$10 late fee will be assessed after stated deadline.

MEMBER YES NO

PARTICIPANT NAME (first & last)

Shirt size (circle one) **YOUTH** S / M / L **ADULT** S / M / L / XL

School _____ Grade _____ Age _____ Boy / Girl _____

Address _____ City _____ ZIP _____

Telephone _____ e-mail address _____

Team or coach's name from last year _____

I am interested in coaching football this year. Please call or e-mail me at:

NAME _____

I do ___ / do not ___ give permission to the Oshkosh Community YMCA to use video or photographs of my child in promotional materials.

AGREEMENT: 1) I hereby certify that my child is in good health and capable of safe participation in YMCA Youth Sports. I hereby authorize the Oshkosh Community YMCA, its staff and volunteers, to obtain medical treatment for my child in the event that parents cannot be reached. 2) I hereby waive and release any and all rights for damages I may have against the Oshkosh YMCA, its staff or volunteers for any and all injuries suffered during participation in YMCA activities.

PARENT SIGNATURE _____ DATE _____

PARENT - PRINT NAME _____